Poteto Wadana	Ohaaalata Oaaliia
Potato Wedges INGREDIENTS: Washed (Potato).	INGREDIENTS: Plain Flour (Fortified WHEAT Flour - (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Sugar (White sugar), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Golden Syrup (partially Inverted refiners Syrup), Cocoa Powder (Fat Reduced Cocoa Powder, (Contains Cocoa Butter 10% Minimum)), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch).
Allergy advice: For allergens, see ingredients in UPPERCASE.	Allergy advice: For allergens, see ingredients in UPPERCASE.
INGREDIENTS: Porridge OATS (100% Wholegrain OAT Flakes), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Golden Syrup (partially Inverted refiners Syrup), Sultanas (Sultanas, Sunflower oil).	INGREDIENTS: Plain Flour (Fortified WHEAT Flour - (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Sugar (White sugar), Salt (Salt, Anti-Caking Agent: E535).
Allergy advice: For allergens, see ingredients in UPPERCASE.	Allergy advice: For allergens, see ingredients in UPPERCASE.

Freshly Baked Croissant

INGREDIENTS: Croissant (WHEAT Flour, Water, Butter (MILK) 21%, Sugar, Durum WHEAT Semolina, Yeast, WHEAT Gluten, Salt, EGGS, WHEAT Sourdough (Water, Fermented WHEAT Flour), Flour Treatment Agent (Ascorbic Acid), Enzyme (Xylanase)).

Homemade Flapjack

INGREDIENTS: Porridge Oats (100% Wholegrain OAT Flakes), Sugar (White sugar), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Golden Syrup (partially Inverted refiners Syrup).

Sausage Roll

INGREDIENTS: Sausage Roll (Water, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pork (11%), Vegetable Fat (Palm Oil, Water, Rapeseed Oil, Salt, Emulsifier (Mono & Di-Glycerides Of Fatty Acids)), Pork Fat, Rusk [WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Raising Agent: Ammonium Carbonate], WHEAT Protein, Seasoning (Salt, Spices (Nutmeg, White Pepper), WHEAT Flour (Contains Calcium Carbonate, Niacin, Iron, Thiamin), Stabilisers: Tetrasodium Pyrophosphate, Sodium Acid Pyrophosphate; Sugar, Yeast Extract, Onion, Rusk (WHEAT Flour (Added Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Raising Agent: Ammonium Bicarbonate), Dextrose, Spice Extract (White Pepper, Nutmeg, Ginger, Coriander, Mace), Antioxidant: Ascorbyl Palmitate, Alpha-Tocopherol, Citric Acid, Herb Extract (Sage, Thyme)), Potato Starch, Salt, Pork Rind).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Chocolate Flavoured Milk

INGREDIENTS: Viva Chocolate Flavoured Milk (Low Fat MILK (1.4% fat) (98%), Fat Reduced Cocoa Powder (1%), Stabiliser (Guar Gum, Carrageenan), Natural Flavourings, Vitamin D, Sweetener (Steviol Glycosides)).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Radnor Apple Fizz

INGREDIENTS: Radnor Sparkling Apple Drink (Carbonated Spring water, Apple juice from concentrate 45%, Acid: Citric Acid, Natural apple flavouring, Preservatives:Potassium sorbate, dimethyl dicarbonate, Sweetener: Sucralose).

Radnor Tropical Fizz

INGREDIENTS: Radnor Fizz Tropical (Carbonated Spring water, Fruit juices from concentrate 45% (white grape 22.5%, apple 22.5%), Acid:Citric Acid,Natural Flavour,Carotene,Stabiliser;Acacia gum,Ester gum,Preservatives:Potassium sorbate,dimethyl dicarbonate,Sweetener:Sucralose).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Allergy advice: For allergens, see ingredients in UPPERCASE.

Plain Cheesecake

INGREDIENTS: MILK (MILK), Cheesecake Filling (Sugar, Modified Maize Starch, Dextrose, Dried Glucose Syrup, Whole MILK Powder, Palm Oil, Emulsifier (Acetic Acid Esters Of Mono-And Diglycerides Of Fatty Acids), Stabilisers (Disodium Phosphate, Trisodium Diphosphates, Sodium Alginate), MILK Protein, Skimmed MILK Powder, Cream Cheese Powder (Cow's MILK) (1%), Acidity Regulators (Calcium Lactate, Lactic Acid), Sour Cream Powder (Cow's MILK), Vegetarian Whey Powder (Cow's MILK), Flavourings, Colour (Carotenes)), Cheesecake Base (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin and Thiamin), Vegetable Oils (Palm, Rapeseed), Sugar, Wholemeal WHEAT Flour, Invert Sugar Syrup, Raising Agents: Sodium Bicarbonate, Ammonium Bicarbonate), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1.5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D).

Juiceburst Apple Still 330ml

INGREDIENTS: Juiceburst Apple (Water, Apple Juice from Concentrate (45%), Antioxidant: Ascorbic Acid, Natural Apple Flavouring with other Natural Flavourings, Sweetener: Steviol Glycosides, Preservative: Potassium Sorbate).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Juiceburst Forest Fruit Still 330ml	Princes Gate Water 500ml
INGREDIENTS: Juiceburst Apple & Blackcurrant (Water, Fruit Juices from Concentrate: Apple (37%), Blackcurrant (8%), Natural Flavouring, Preservative: Potassium Sorbate, Sweetener: Steviol glycosides).	INGREDIENTS: Princes Gate Still Water (Mineral Water).
Allergy advice: For allergens, see ingredients in UPPERCASE.	Allergy advice: For allergens, see ingredients in UPPERCASE.
Aqua Splash - Strawberry	Crispy BBQ Chicken Wrap
INGREDIENTS: Radnor Splash Strawberry Sparkling Water (Carbonated spring water, Citric Acid, Flavouring, Sweeteners; Sucralose, Acesulfame K: Preservative: E211).	INGREDIENTS: Southern Fried Goujons (Chicken inner fillet (62%), Water, Tapioca Starch, Salt, Modified Tapioca starch, WHEAT GLUTEN, WHEAT Flour, Onion Powder, Natural Flavour, Garlic Powder, Spices (White Pepper, Black Pepper, Garlic, Onion, CELERY, Oregano, Fennel), Yeast Extract, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Yellow Corn Flour, WHEAT Starch, Dry Yeast, Sugar, Paprika Extract, Turmeric Extract, Fully Refined Soya Bean Oil), Flour Tortilla (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin) (61%), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, Raising Agents (E500, E450, E296), Salt), BBQ Sauce (Water, Glucose-Fructose Syrup, Sugar, Tomato Paste (10%), Modified Maize Starch, Acidity Regulators: Acetic Acid, Citric Acid; Spice Blend (Salt, Paprika, Garlic, Onion, Black Pepper, Cayenne), Apple Juice Concentrate, Caramelised Sugar Syrup, Preservative: Potassium Sorbate; Stabiliser: Xanthan Gum; BBQ Flavouring, Smoke Flavouring).
Allergy advice: For allergens, see ingredients in UPPERCASE.	Allergy advice: For allergens, see ingredients in UPPERCASE.

Pasta Bolognaise Snack Pot

INGREDIENTS: Water, Penne Rigate (Durum WHEAT Semolina), Water, Minced Beef (Beef), Chopped Tomatoes (Tomatoes, tomato juice, acidity regulator: Citric Acid), Mixed Peppers (Red and Green Peppers in varying proportions), Tomato Paste (Tomatoes, Salt), Brown (Onion), Standard (Carrots), Button (Mushroom), Vegetable Oil (Refined Rapeseed Oil, Anti-Foaming Agent: Dimethyl Polysiloxane), Gravy Granules (Maltodextrin, starch, flavourings, salt, onion powder, sugar, caramel syrup, thickener (guar gum), sage), Et Voila Garlic Puree (Water, Garlic Granules, Citric Acid,), Salt (Salt, Anti-Caking Agent: E535), Mixed Herbs (Marjoram, Thyme, Parsley, Basil, Savory), Ground (Black Pepper).

Chocolate Muffin

INGREDIENTS: Chocolate Muffin Mix (Sugar, WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Vegetable Oil (Rapeseed), Cocoa Powder (6%), Dried Whole EGG, Raising agents (Dicalcium Phosphate, Sodium Bicarbonate, Disodium Diphosphate, Potassium Bicarbonate), WHEAT Starch, Whey Powder (MILK), Dried EGG White, Fat Reduced Cocoa Powder, Modified Starch, Emulsifiers (Mono- and diglycerides of fatty acids, Sodium stearoyl-2-lactylate), Flavouring, Stabiliser (Xanthan Gum), WHEAT Gluten), Water, Vegetable Oil (Refined Rapeseed Oil, Anti-Foaming Agent: Dimethyl Polysiloxane).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Allergy advice: For allergens, see ingredients in UPPERCASE.

Cheese & Ham Croissant

INGREDIENTS: Croissant (WHEAT Flour, Water, Butter (MILK) 21%, Sugar, Durum WHEAT Semolina, Yeast, WHEAT Gluten, Salt, EGGS, WHEAT Sourdough (Water, Fermented WHEAT Flour), Flour Treatment Agent (Ascorbic Acid), Enzyme (Xylanase)), Cheddar Cheese (Cheddar Cheese (MILK)), Ham (Pork, Salt, Stabilisers (E451, E450, E452), Antioxidant (E301), Preservative (E250)).

Baked Blueberry Muffins

INGREDIENTS: Muffin Mix (WHEAT Flour (With Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Rapeseed), Dried Whole EGG, WHEAT Starch, Whey Powder (MILK), Raising Agents (Disodium Diphosphate, Potassium Bicarbonate, Sodium Bicarbonate), Dried EGG White, Modified Starch, Emulsifiers (Mono- And Diglycerides Of Fatty Acids, Sodium Stearoyl-2-Lactylate), Stabiliser (Xanthan Gum), Flavouring), Water, Vegetable Oil (Refined Rapeseed Oil, Anti-Foaming Agent: Dimethyl Polysiloxane), Blueberries (Blueberries, quick-frozen).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Potato Wedges Vegan Blueberry Filled Croissant **INGREDIENTS:** Skin on Wedges (Potatoes (95%), **INGREDIENTS:** Vegan Blueberry Croissant (WHEAT flour. water, filling 17.9% (glucose-fructose syrup, sugar, Sunflower Oil, Dextrose). concentrated blueberry puree 30%, gelling agent (E440), acid (E330), natural flavouring (alcohol), acidity regulator (E333)), margarine (non-hydrogenated palm and sunflower vegetable oils, water, salt, concentrated lemon juice, natural flavouring), spelt flour (WHEAT) 10.5%, sugar, yeast, seeds 2.3% (brown linseeds, kibbled sunflower seeds, yellow linseeds, kibbled pumpkin seeds, poppy seeds, sunflower seeds), WHEAT GLUTEN, salt, roasted BARLEY malt, vinegar, gelling agent (E406), flour treatment agent (E300), enzyme). Allergy advice: For allergens, see ingredients in UPPERCASE. Allergy advice: For allergens, see ingredients in UPPERCASE. **Potato Wedges McCain** Lemon & Courgette Cake **INGREDIENTS:** Skin on Wedges (Potatoes (95%), **INGREDIENTS:** Lion Brand Free Range Medium Eggs Ev Fav 180 (Hens EGGS), Self Raising Flour (Fortified Sunflower Oil, Dextrose). WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate), Sugar (White sugar), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (betacarotene) and vitamins A and D), Icing Sugar (Icing Sugar (97%), maize starch), Green (Courgette), Fruit (Lemon), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch). Allergy advice: For allergens, see ingredients in UPPERCASE. Allergy advice: For allergens, see ingredients in UPPERCASE.

Pain au Chocolat

INGREDIENTS: Pain Au Chocolat (WHEAT flour, Water, Margarine (Non-Hydrogenated Palm and Sunflower Vegetable Oils, Water, Salt, Concentrated Lemon Juice, Natural Flavouring), Chocolate 9.5% (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (SOYA Lecithin), Sugar, WHEAT Gluten, Yeast, EGGS, Salt, Flour Treatment Agent (Ascorbic Acid), Enzymes (xylanase, alpha amylase, cellulase)).

Classic Jam Doughnut

INGREDIENTS: Jam Doughnut (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron,Thiamin), Water, Apple & Raspberry Jam (16%) (Glucose-Fructose Syrup, Apple Purée, Sugar, Raspberry Purée, Colour: Anthocyanin; Acidity Regulators: Citric Acid, Sodium Citrate; Gelling Agent: Pectin; Flavouring), Palm Oil, Dextrose, Rapeseed Oil, Sugar, Raising Agents: Potassium Hydrogen Carbonate, Disodium Diphosphate, Monocalcium Phosphate; WHEAT GLUTEN, Yeast, Emulsifiers: Sodium Stearoyl-2-Lactylate, Mono- And Diglycerides Of Fatty Acids; Potassium Chloride, Cornflour, SOYA Flour, Salt, Stabiliser: Carboxymethyl Cellulose; Flour Treatment Agent: Ascorbic Acid).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Allergy advice: For allergens, see ingredients in UPPERCASE.

Nachos with Chunky Salsa & Cheese

INGREDIENTS: Chilli Tortilla Chips (Corn flour (73%), sunflower oil, chilli seasoning (maltodextrin, salt, spices (onion, tomato, cumin, coriander, oregano, garlic), dextrose, chilli pepper (0,7%), spice extract (chilli and paprika), natural flavourings, acid (citric acid))), Grated Cheddar (Cheddar Cheese (MILK), Anti-caking Agent: Potato Starch), Salsa (Tomatoes (71%), Water, Spirit vinegar, Tomato Puree (4%), Jalapeno Peppers (Jalapeno Peppers, Water, Spirit Vinegar, Salt), Dried Onion, Modified Maize Starch, Sugar, Salt, Dried Red Pepper, Garlic Powder, Cumin, Preservative (Potassium Sorbate), Chilli Powder, Oregano, Ground Black Pepper).

Chocolate & Beetroot Brownie

INGREDIENTS: Sugar (White sugar), Lion Brand Free Range Medium Eggs Ev Fav 180 (Hens EGGS), Cocoa Powder (Fat Reduced Cocoa Powder, (Contains Cocoa Butter 10% Minimum)), Vegetable Oil (Refined Rapeseed Oil, Anti-Foaming Agent: Dimethyl Polysiloxane), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Self Raising Flour (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate), Cooked (Beetroot).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Chocolate Shortbread Biscuit

INGREDIENTS: Plain Flour (Fortified WHEAT Flour - (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Sugar (White sugar), Cocoa Powder (Fat Reduced Cocoa Powder, (Contains Cocoa Butter 10% Minimum)), Salt (Salt, Anti-Caking Agent: E535).

Double chocolate cookie

INGREDIENTS: Double Chocolate Cookie Dough (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Belgian Dark Chocolate (18%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: SOYA Lecithin), Natural Vanilla Flavouring), Water, Margarine (Palm Oil, Rapeseed Oil, Coconut Oil, Water, Emulsifier: Mono- and diglycerides of fatty acids, Natural Flavouring), Palm Oil, Maltodextrin, Fat Reduced Cocoa Powder (4%), Rapeseed Oil, Whey Powder (MILK), Invert Sugar Syrup, Raising Agent: Sodium Carbonates, Molasses).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Allergy advice: For allergens, see ingredients in UPPERCASE.

Radnor Fruit Forest Fruits Carton 125ml

INGREDIENTS: Radnor Fruits Forest Fruits Still Juice Drink (Fruit Juices From Concentrate 50% (Apple 40%, White Grape 5%, Lemon 5%) Spring Water, Flavouring, Sweetener: Sucralose).

Milk chocolate cookie

INGREDIENTS: Milk Chocolate Cookie Dough (WHEAT flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Belgian Milk Chocolate (18%) (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Margarine (Palm Oil, Rapeseed Oil, Coconut Oil, Water, Emulsifier: Mono- and diglycerides of fatty acids, Flavouring), Palm Oil, Water, Maltodextrin, Rapeseed Oil, Whey Powder (MILK), Humectant: Glycerol, Invert Sugar Syrup, Raising Agents: (Sodium Carbonates, Diphosphates), Molasses).

Allergy advice: For allergens, see ingredients in UPPERCASE.

White chocolate cookie

INGREDIENTS: White Chocolate Cookie Dough (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Sugar, Belgian White Chocolate (18%) (Sugar, Cocoa Butter, Whole MILK Powder, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Margarine (Palm Oil, Rapeseed Oil, Coconut Oil, Water, Emulsifier: Mono- and diglycerides of fatty acids, Flavouring), Palm Oil, Water, Maltodextrin, Rapeseed Oil, Whey Powder (MILK), Humectant: Glycerol, Invert Sugar Syrup, Raising Agents: (Sodium Carbonates, Diphosphates), Molasses).

Radnor Splash Lemon And Lime 500ml Sugar Free Flavoured Water Still

INGREDIENTS: Radnor Splash Lemon & Lime Still Water (Spring water, Acid:Citric Acid, Flavouring, Sweeteners; Sucralose, Acesulfame K, Preservative E211).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Allergy advice: For allergens, see ingredients in UPPERCASE.

Raisin cookie

INGREDIENTS: Oat & Raisin Cookie (Sugar; WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin); OAT (15%); Raisins (13%); Vegetable Fats: Palm; Blossom And Flower Honey(3%); Salted Butter; Vegetable Oil: Rapeseed; Whey Powder (MILK); Raising Agent: Sodium Carbonates (E 500), Diphosphates (E 450); Water; Cinnamon; Flavouring (Contains MILK); Molasses; Whey Protein Concentrate (MILK); Salt).

Radnor Splash Strawberry 500ml Sugar Free Flavoured Water Still

INGREDIENTS: Radnor Splash Strawberry Sugar Free Flavoured Water Still (Spring water, Acid:Citric Acid, Flavouring, Sweeteners; Sucralose, Acesulfame K, Preservative E211).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Radnor Splash Forest Fruits 500ml Sugar Free Flavoured Water Still

INGREDIENTS: Radnor Splash Forest Fruits (Spring water, Acid:Citric Acid, Flavouring, Sweeteners; Sucralose, Acesulfame K, Preservative E211).

Chocolate Crunch

INGREDIENTS: Plain Flour (Fortified WHEAT Flour - (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Sugar (White sugar), Lion Brand Free Range Medium Eggs Ev Fav 180 (Hens EGGS), Cocoa Powder (Fat Reduced Cocoa Powder, (Contains Cocoa Butter 10% Minimum)), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Allergy advice: For allergens, see ingredients in UPPERCASE.

Radnor Splash Apple & Raspberry 500ml Sugar Free Flavoured Water Still

INGREDIENTS: Radnor Splash Apple & Raspberry Still Drink (Spring Water, Acid: Citric acid, Flavouring, Sweeteners; Sucralose, Acesulfame K, Preservative: E211).

Vegan Sausage Roll

INGREDIENTS: Vegan Sausage Roll (Water, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Fat (Palm Oil, Water, Rapeseed Oil, Salt, Emulsifier: Mono & Di-Glycerides Of Fatty Acids), Rusk [WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Raising Agent: Ammonium Carbonate], Broad Bean Protein Isolate (2%), Pea Protein Concentrate (2%), Modified Maize Starch, Seasoning (Salt, Potato Starch, Herbs (Rubbed Sage, Rubbed Parsley, Ground Sage), Rice Flour, Ground Spices (Black Pepper, Nutmeg, Coriander), Stabiliser: Modified Cellulose, Stabilisers: Diphosphates, Triphosphates; Antioxidants: Sodium acrobates, Sodium citrates; Spice Extracts (Pepper, Nutmeg, Cayenne), Herb Extracts (Sage ,Thyme)), Potato Starch, Dehydrated Onions, Stabiliser: Modified Cellulose, Breadcrumbs (Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin). Yeast, Salt), Onion, Rapseed Oil, Flavouring, Parsley, Sage, WHEAT Protein, Salt, Black Pepper, Rosemary).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Popcorn Chicken

INGREDIENTS: Popcorn Chicken (Chicken Breast Meat (51%), Southern Fried Coating [WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, WHEAT Starch, Salt, WHEAT Gluten, Spices (White Pepper, Black Pepper, Fennel, Onion Powder, Garlic Powder), Yeast Extract, Dextrose, Raising Agents (E450, E500), Yeast, Acidity Regulator (Citric Acid), Spice Extract (Black Pepper, Nutmeg), Onion Oil], Water, Sunflower Oil, Pea Fibre, Pea Starch, Salt, Stabilisers: Di-Triphosphates).

Fresh Fruit Salad

INGREDIENTS: Extra Sweet (Pineapple), Honeydew (Melon), Black Seedless (Grapes), Green (Grapes).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Allergy advice: For allergens, see ingredients in UPPERCASE.

Freshly Made Cinnamon Swirl

INGREDIENTS: Tugo 12.5\" Dough Disc (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Yeast, WHEAT Flour, Rapeseed Oil, Salt, Stabiliser (E412,E415), Malted WHEAT flour, Deactivated Yeast, Emulsifier (E471), Flour Treatment Agent (E300), Acidity Regulator (E516)), Sugar (White sugar), Icing Sugar (Icing Sugar (97%), maize starch), Ground (Cassia Cinnamon), Water.

Iced Tottenham Cake

INGREDIENTS: Lion Brand Free Range Medium Eggs Ev Fav 180 (Hens EGGS), Icing Sugar (Icing Sugar (97%), maize starch), Self Raising Flour (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate), Sugar (White sugar), Vegetable Spread (Vegetable oils (palm, rapeseed, sunflower in varying proportions), water, emulsifier (lecithin, mono- and diglycerides from fatty acids, salt (1,5%), acidifier (lactic acid), flavourings, colours (beta-carotene) and vitamins A and D), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch), Vanilla Flavouring (Water, Propylene Glycol, Colour: Plain Caramel; Flavourings).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Radnor fruits orange carton 125ml
INGREDIENTS: Radnor Fruits Orange (Fruit juices from concentrate 50% (apple 40%, orange 10%), Spring water, Acid: citric acid, Flavouring, Sweetener: sucralose).
Allergy advice: For allergens, see ingredients in UPPERCASE.
Harrogate spring water still 330ml
INGREDIENTS: Princes Gate Still Water (Mineral Water).

VIVA Vanilla ice cream Milkshake 200ml Tuna Melt (Half) Baguette **INGREDIENTS:** Ice Cream Flavoured Milk (Low Fat (MILK) **INGREDIENTS:** White Half Baguette 26Cm (WHEAT Flour (1.4% fat) (99%), Stabiliser (Gellan Gum), Natural (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flavourings, Vitamin D, Sweetener (Steviol Glycosides Water, Salt, Yeast, Flour Treatment Agent (Ascorbic Acid), WHEAT Flour), Batch recipe for Tuna Mayonnaise (Tuna from Stevia)). (Tuna (Katsuwonus pelamis) (FISH), water and salt), Hellmann's Mayonnaise (Rapeseed oil (50%), water, spirit vinegar, pasteurised EGG yolk (3,4%), modified starch, sugar, salt, thickener (xanthan gum), lemon juice concentrate, preservative (potassium sorbate), flavourings, antioxidant (calcium disodium Edta), paprika extract)), Cheddar Cheese (Cheddar Cheese (MILK)). Allergy advice: For allergens, see ingredients in UPPERCASE. Allergy advice: For allergens, see ingredients in UPPERCASE. Vegan Lemon Drizzle Sponge Cheese Baguette (Half) INGREDIENTS: Self Raising Flour (Fortified WHEAT Flour **INGREDIENTS:** White Half Baguette 26Cm (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Thiamine), Raising Agents: Monocalcium Phosphate, Water, Salt, Yeast, Flour Treatment Agent (Ascorbic Acid), Sodium Bicarbonate), Water, Sugar (White sugar), WHEAT Flour), Cheddar Cheese (Cheddar Cheese Vegetable Oil (Refined Rapeseed Oil, Anti-Foaming Agent: (MILK)). Dimethyl Polysiloxane), Fruit (Lemon), Sugar (White sugar), Vanilla Flavouring (Water, Propylene Glycol, Colour: Plain Caramel; Flavourings), Baking Powder (Raising Agents (E 450 (Diphosphates), E 500 (Sodium Carbonates)), Maize Starch).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Blueberry Yoghurt Pot **Baked Bean & Cheese Baguette (Half)** INGREDIENTS: White Half Baguette 26Cm (WHEAT Flour **INGREDIENTS:** Low Fat Natural Yoghurt (Water, Natural (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yoghurt (MILK Solids (99%) (Emulsifier (SOY Lecithins)), Water, Salt, Yeast, Flour Treatment Agent (Ascorbic Acid), Live Yogurt Cultures (L.bulgaricus, S.thermophilus, WHEAT Flour), Baked Beans (Beans (53%), Tomatoes L.rhamnosus, L.helveticus, L.acidophilus))), Blueberry (25%), Water, Sugar, Glucose - Fructose Syrup, Modified Compote (Blueberries (Blueberries, quick-frozen), Water, Maize Starch, Salt, Onion Powder, Paprika, Flavourings), Sugar (White sugar), Cornflour (Maize Starch), Water). Cheddar Cheese (Cheddar Cheese (MILK)). Allergy advice: For allergens, see ingredients in UPPERCASE. Allergy advice: For allergens, see ingredients in UPPERCASE. **Strawberry Yoghurt Pot** Radnor Splash Orange & Passion Fruit **INGREDIENTS:** Low Fat Natural Yoghurt (Water, Natural **INGREDIENTS:** Radnor Splash Ornage & Passionfruit Yoghurt (MILK Solids (99%) (Emulsifier (SOY Lecithins)), Sparkling Drink (Carbonated Spring Water, Acid: Citric Live Yogurt Cultures (L.bulgaricus, S.thermophilus, acid, Flavouring, Sweeteners; Sucralose, Acesulfame K, L.rhamnosus, L.helveticus, L.acidophilus))), Strawberry Preservative: E211). Topping for Yoghurt (Strawberries (Strawberries, guickfrozen), Water, Sugar (White sugar), Cornflour (Maize Starch), Water).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Radiioi Fidits Cherry & Valilla	Juiceburst Orange & Passionifult
INGREDIENTS: Radnor Fruits Sparkling Cherry and Vanilla (Carbonated Spring Water, Fruit Juices from concentrate 45% (Apple 42%, Black Cherry 3%), Acid: Citric Acid, Flavourings, Sweet potato, Safflower and Apple extracts, Sweetener: Sucralose).	INGREDIENTS: Juiceburst Orange & Passionfruit (Water, Fruit Juices from Concentrate: White Grape (15.2%), Orange (15%), Apple (14.3%), Passion Fruit (0.7%); Stabilisers: Pectins and Carob Bean Gum, Acid: Citric Acid, Antioxidant: Ascorbic Acid, Natural Flavouring, Sweetener: Steviol Glycosides, Colour: Carotenes).
Allergy advice: For allergens, see ingredients in UPPERCASE.	Allergy advice: For allergens, see ingredients in UPPERCASE.
Radnor Fruits Lemon & Lime	Ham & Cheese Half Baguette
INGREDIENTS: Radnor Fruits Sparkling Lemon and Lime (Carbonated Spring Water, Fruit Juices from concentrate 45% (White Grape 20%, Apple 20%, Lime 3%, Lemon 2%), Flavouring, Sweetener: Sucralose).	INGREDIENTS: White Baguette (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, WHEAT Gluten, Salt, WHEAT Flour, Deactivated Dried Yeast, Flour Treatment Agent: Ascorbic Acid), Ham (Pork, Salt, Stabilisers (E451, E450, E452), Antioxidant (E301), Preservative (E250)), Cheddar Cheese (Cheddar Cheese (MILK)), Sunflower Spread (Water, Vegetable Oils (78% Sunflower-, Palm Oil), 1% Salt, Emulsifiers: Mono-And Diglycerides Of Fatty Acids, Polyglycerol Polyricinoleate, Acid: Citric Acid, Natural Flavour, Colour: Beta Carotene, Vitamin: A, D).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Pizza Margherita with Wedges

INGREDIENTS: Potato Wedges McCain (Skin on Wedges (Potatoes (95%), Sunflower Oil, Dextrose)), Pizza Dough (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Yeast, WHEAT Flour, Rapeseed Oil, Salt, Stabiliser (E412,E415), Malted WHEAT flour, Deactivated Yeast, Emulsifier (E471), Flour Treatment Agent (E300), Acidity Regulator (E516)), Grated Cheese Mix (Mozzarella (MILK), water, palm oil, MILK proteins, modified starch, potato starch, salt, acidity regulator: lactic acid, emulsifier: trisodium citrate, fibre, stabilisers: carrageenan & potassium chloride, preservative: potassium sorbate. Anticaking agent: cellulose), Pizza Sauce (Tomatoes, Salt, Sunflower Oil, Herbs & Spices, Garlic, Acidity Regulator E330).

Mini Belgian Waffle

INGREDIENTS: Mini Waffle (WHEAT flour, sugar, margarine (vegetable oils and fats (palm and rapeseed), water, emusifiers: SOYA lecithin, mono- and diglycerides of fatty acids, salt, acid regulator: citric acid, natural flavours, colouring: beta-carotene), EGGS, yeast, invert sugar syrup, stabilizer: sorbitol, SOYA flour, salt, emulsifier: SOYA lecithin, flavour).

Allergy advice: For allergens, see ingredients in UPPERCASE.

Allergy advice: For allergens, see ingredients in UPPERCASE.

Pepperoni Perfection Pizza with Wedges

INGREDIENTS: Potato Wedges McCain (Skin on Wedges (Potatoes (95%), Sunflower Oil, Dextrose)), Pizza Dough (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Yeast, WHEAT Flour, Rapeseed Oil, Salt, Stabiliser (E412,E415), Malted WHEAT flour, Deactivated Yeast, Emulsifier (E471), Flour Treatment Agent (E300), Acidity Regulator (E516)), Grated Cheese Mix (Mozzarella (MILK), water, palm oil, MILK proteins, modified starch, potato starch, salt, acidity regulator: lactic acid, emulsifier: trisodium citrate, fibre, stabilisers: carrageenan & potassium chloride, preservative: potassium sorbate. Anticaking agent: cellulose), Pizza Sauce (Tomatoes, Salt, Sunflower Oil, Herbs & Spices, Garlic, Acidity Regulator E330), Pepperoni (Halal Beef (94%), Halal Beef Fat, SOYA protein, Salt, MUSTARD Powder, Dextrose, sunflower oil, Spice extracts, Antioxidant (E301), Colour (E160c), Preservative (E250)).